

## Introducing TeleMedcare

The TeleMedcare system is a comprehensive solution for the management of chronic disease, such as congestive heart failure, lung disease or diabetes, at home, in care facilities or the surgery. The data collected is returned by a central point for easy access by the care team.

His results are then reviewed by the Nurse Practitioner at his local surgery on a secure website and alerts are triggered if measurements fall outside patient-specific parameters. The patient enjoys taking his own measurements and is fast becoming and expert in his condition. Prior to the trial, the patient rang the Nurse Practitioner around 2 or 3 times per week, and usually only needed reassuring. Since the trial begun 1 month ago he is much happier and has not rung at all, which in turn has freed up more time for the Nurse Practitioner.

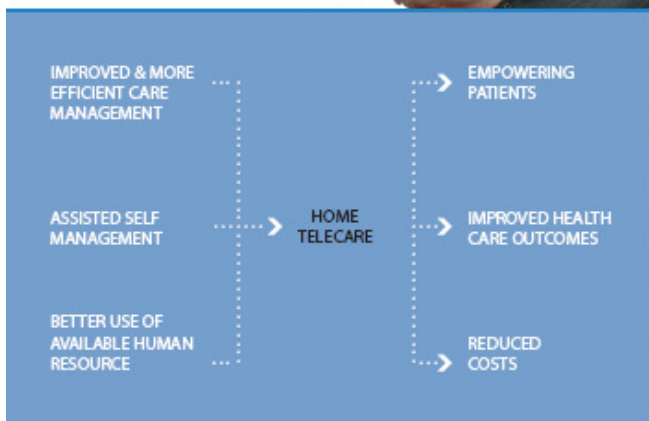
## TELEMEDCARE TRIAL

**Place: Ferrybridge, West Yorkshire**

A patient with COPD is currently trialing the TeleMedCare unit in his own home near the former mining town of Ferrybridge. He measures his weight, temperature, blood oximetry, blood pressure, forced spirometry and heart rate in the comfort of his own home every couple of days.



## Our Solution



## Improving Healthcare for an Ageing Population

Society is changing, and so too, are attitudes to health care.

As the population ages, health and quality of life become ever-greater priorities and there are other, more urgent, challenges: overstretched GPs and nurses. To make the most effective use of our clinical resources -

***It's time to focus on assisted self care***

### Assisted self-care leads to:

- Improved health and quality of life
- Rise in patients satisfaction
- Significant impact on the use of the health services\*
  - Visits to GPs can decrease by 40%

\*Research evidence at [www.dh.gov.uk/SelfCare](http://www.dh.gov.uk/SelfCare)